

DR. IAN GILCHRIST'S LIST

from a letter of
November 14, 1964

Essential Items:

- | | |
|---|--------------------------------------|
| 1. Shirts | 13. Scissors |
| 2. Trousers | 14. Hemostats |
| 3. Undershorts | 15. Needle driver |
| 4. Cap | 16. Jackknife |
| 5. Raincoat (groundsheet type) | 17. Scalpel (and blades) |
| 6. Boots | 18. Stethoscope |
| 7. Socks | 19. Stainless steel basin (small) |
| 8. Raincap | 20. Belt |
| 9. Flashlight | 21. Forceps (with teeth and without) |
| 10. Haversack | 22. Aluminum pot |
| 11. Syringes (2cc, 5cc, 10cc) | 23. Spoon |
| 12. Needles (hypodermic 20 guage -
suture curved cutting
and non-cutting) | 24. Red Cross insignia |

Useful but not as essential items:

25. Camera (for recording the situation in the Interior - evidence of atrocities, etc. These could be simple little Brownies.)
26. Watch
27. Notebook (almost imperative for the maintenance of important statistics)
28. Pen (ballpoints)
29. Thermometer
30. Binoculars (for those in the Interior, responsible for guiding refugees, these should have some value)

"Strictly unessential, but always appreciated" items:

31. Radio (short wave transistor)
32. Sunglasses